

INNER CIRCLE MENTORSHIP

6 MONTHS OF PERSONAL TRANSFORMATION AND SPIRITUAL DEVELOPMENT

This six-month private mentorship is designed to guide you into deeper healing, clarity, and alignment.

We meet one on one for two hours, once a week (24 sessions total).

Between sessions, you'll receive personalized lessons, resources, and practices to support your growth and integration.

INCLUDES EVERYTHING IN THE ART OF HOLDING SPACE

PLUS A CUSTOMIZED PATH DESIGNED FOR YOU

Together, we'll create a plan that may include any of the following:

- Meditation and breathwork
- Somatic movement
- Reiki and intuitive energy work
- Crystals and crystal energy
- Sound healing
- Crystal bowls and Tibetan bowls
- Tuning forks and chimes
- Percussion and drums
- Tarot and oracle cards
- Pendulum work and runes
- Lunar living and moon cycles
- Ritual and ceremony
- Altar creation
- Sacred-space design
- Intuition and energetic awareness
- Energy clearing and chakras
- Relationships and boundaries
- Grief, life transitions, and purpose
- Personal spiritual practice

THIS MENTORSHIP IS FOR YOU IF

- You're ready to go deeper and want personalized support every step of the way.
- You want to understand yourself, your patterns, and your purpose on a soul level.
- You're healing old wounds and creating new, healthier ways of relating—to yourself and others.
- You're committed to building a consistent spiritual practice.
- You're navigating a life transition or feeling called to more.
- You want tools, insight, and guidance to live in alignment and with intention.

IN THIS 6 MONTH JOURNEY

You'll receive the support, guidance, and tools you need to transform old patterns, deepen your spiritual practice, and create a life that feels aligned, fulfilling, and true to you.

